



Tremontion Parks and Recreation

Adult Coed Soccer Rules

Introduction

Welcome to the Adult Co-ed Soccer Program sponsored by Tremontion City. This program is provided solely for your fun and enjoyment. Your cooperation, good sportsmanship, and communication with our office is important in making this year a success. On behalf of Tremontion City, we would like to wish each team a successful season.

1. Classification of Play

- A Class – Strongly Competitive
- B Class – Moderate to Recreational

2. Registration

- A. Minimum number of players to register is FIVE (5)
- B. Maximum number of players to register is SIXTEEN (16)
- C. Maximum Awards given to championship teams will be 12 Awards.
- D. All teams must be registered and paid prior to the formation of the league schedule. No refunds will be given once the schedule is completed.

3. Roster/ Eligibility of Players

Every team must submit a team roster prior to their first scheduled game. A player may be added or deleted from a roster through the second to last games of the season or by the date listed on the game schedule. To add or delete players from a roster, a team representative must do so in person at the field in which you play your games.

- A. Any player's information which is not correct on a team's roster could result in the dismissal of that team from the league. Coaches should, at all times, keep up-to-date records of their team's roster. This practice can eliminate any questions as to whether a team member is eligible to play or not.
- B. Managers are responsible to have their players read and understand the "League Rules" as well as the "Players Code of Conduct." Your team will be held accountable of the information contained therein. By signing the roster, you are signing you are informed.
- C. A player must be on a team's roster to play in any game. The name MUST be on the roster prior to game time
- D. A player can only play on ONE (1) team per season. Players are not permitted to play under multiple classifications. Players that break this rule will cause the teams to forfeit all games until the player is removed from both of the teams.
- E. PRIOR to tournament play, a player must play at least two (2) regular league games.
- F. The field supervisor or scorekeeper may check your team roster at any time. A violation could lead to a forfeit. It is recommended that all participants carry picture identification.
- G. Tremontion City will randomly investigate each team's eligibility. If a team fails to follow the eligibility rules, the League Coordinator reserves the right to remove the illegal player from the league and place the guilty team on probation. Additional disciplinary actions may be merited.

4. Age

All players should be at least 16 years of age or older. However, the League Coordinator reserves the right to lower that age limit under certain circumstances.

5. Conduct

All persons directly or indirectly involved in our program are expected to act in an adult- like manner and display proper sportsmanship. Games may be forfeited due to poor behavior. The following rules will govern poor conduct situations.

- A. Unreasonable harassment of an opposition's player, will draw a yellow card.
 - i. Two yellow cards on a player or fan, due to conduct, will result in a red card and cause automatic ejection of the guilty party from the game and the field, suspension from the next scheduled game and probation for the remainder of the season.
 - ii. Three yellow cards on the team, or player, due to conduct, will cause automatic forfeiture of the current game.
 - iii. Managers or team captains are responsible for their spectators. Unsportsmanlike behavior of spectators may result in the manager or team captain receiving a yellow card.

- B. Any player ejected from a game must leave the field premises immediately. Failure to do so will result in a forfeit.

- C. Any player ejected from two (2) games because of conduct will be banned for the remaining season and the following Soccer league season.

- D. No manager, player or spectator shall:
 - Threaten an official
 - Lay a hand upon, shove or strike an official
 - Be guilty of objectionable demonstrations of dissent at the official's decision
 - Refuse to abide by the official's decision
 - Be guilty of physical attack as an aggressor upon any player, official or spectator.

If any the above actions occur, the guilty party will be ejected from the current game, suspended from the next scheduled game and be placed on probation for the remainder of the season. The League Coordinator reserves the right to remove the guilty party from the entire league for ONE year after reviewing the incident. The League Coordinator's decision is final.

6. Alcoholic Beverages

Alcoholic beverages are NOT allowed on city facilities, city park properties and/or on school grounds during recreational activities. Players and spectators will not be allowed to drink in the following areas: premises of the playing fields, gyms, open park spaces and parking lots. Teams are responsible for their spectators. Drinking is NOT desirable in recreational programs.

Penalty----- Forfeit of present game & next scheduled game

Second Penalty -----Dropped from the league

In both instances the Tremonton City Police Department will be called.

7. Insurance

Medical insurance is the responsibility of the team or individual. Tremonton City **DOES NOT** carry medical insurance for individual persons or teams participating in the recreational program.

8. Site Supervisor/Scorekeeper

A site supervisor/scorekeeper will be assigned to each field to operate the games. General responsibilities include: general information, scorekeeping and general supervision of the field.

9. Officials

Referees have jurisdiction over play, physical area of play and may:

- Call a time out
- Call off a game due to three (3) yellow cards
- Penalize a player, including game ejection, for un-sportsman like conduct. Ejected participants must leave the field and cannot return to the game.

10. Pre-Game Procedures

In order to remain on schedule each night, please arrive for your scheduled game at least 10 minutes before game time. The referee(s) will begin the games. Time will begin within five minutes after the conclusion of the game prior to your game.

11. Playing Rules

- **Timing:** Games will consist of two (2) twenty (20) minute halves. There will be a rest period of five (5) minutes between the two periods.
- **Timeouts:** Each team will be granted one (1) timeout during each game. Timeout will be one (1) minute long.
- **Player Requirements:** Games will be played with each team having six (6) players on the field. (2 – 4 Ratio men and women) Team consists of five (5) field players and one (1) goalkeeper. No player can play on more than one team in any league. Four players (2 men, 2 Women) are required to start and finish the Game. If a team is reduced to three players at any time in the game, the game is forfeit.
- **Substitutions:** A player entering the game must check in with the referee and wait at midfield until the ball is out of play. Player leaving the field must be completely off before the new player may enter the playing area.
- **Game Time:** Game time is forfeit time. Please arrive and be ready to play 10 mins. before game.
- **Over Time:** Games tied at the end of regulation will play a five (5) minute “sudden death” overtime. The first team to score will be deemed the winner. If the game is still tied then the game will go to a penalty shootout with each team being allowed five (5) attempts on goal against the opposing team’s goalkeeper.
- **Equipment:** Team shirts or jerseys are required to be of the same color. Tremonton Recreation will provide a game ball (Size 5) for each game. Please bring additional balls to warm up and to help speed the game along.
- **Out of Bounds:** A ball played out of bounds results in an indirect kick-in for the opposing team. All restart kicks, minus penalty kicks and fouls given for sliding, will be indirect. Players cannot score from their defensive half; ball must be struck from the attacking half to score.
- **Offside:** There is no offside in Tremonton City 6 vs 6 Co-Ed soccer league.
- **Infraction Cards:** Yellow cards will be punished by the player sitting for five minutes and team playing a man down for the five minutes. The team must play a man down for the entire five minutes regardless any goal scored. Two yellow cards in the same game result in a red card. Any player receiving red card is out for game and team plays a man down. Two red cards on the same team in the same game will result in a game forfeiture. Two red cards on the same person in the same season results in player suspension for season. This is a game of finesse and physical play is not encouraged. Continual physically aggressive play will result in a yellow card.
- **Slide Tackles:** *No slide tackles* will be allowed, all slide tackles will result in a foul called and a yellow card. Slide tackles deemed to be dangerous will result in a foul called and an automatic

red card., Goalkeepers are allowed to slide in their own box in an effort to get to the ball. They **MAY NOT** slide directly toward another player. Result of a slide tackle is a direct free kick, and a yellow card (regardless of where the ball is).

- **Goalkeeping:** Goalkeepers can use their hands **ONLY** inside their own penalty area. Goalkeeper cannot throw the ball across midfield without the ball being touched by a member of his own team prior to the ball crossing the line. Result will be an indirect free kick at midfield for the opposing team. Goal Keepers cannot drop kick the ball, the ball must be thrown. Result is a re-throw. After the ball goes out of bounds for a goal kick, goalkeeper can kick the ball to any location on the field.
- **Swearing:** Swearing or offensive language will not be tolerated. The F-Word will result in a yellow card. Any offensive language directed at the other team or the referees will result in a yellow card.

12. Forfeits

After two forfeits Tremonton City has the right to drop a team from league play with no refund.

13. Communication

All communication from teams to a site supervisor and referee must come through a team captain. Captains shall be identified before each regulation game to game official.

14. Schedules

League schedules will be available at the first league game and on-line at www.tremontoncity.com. Make sure our office has a correct mailing address and phone number for your team at all times. Teams must be prepared to play on Monday evenings. Games will try to be scheduled between 5:30-9:30 pm but may change due to availability.

Our office reserves the right to assign any team to their proper level of competition of classification when it is necessary to serve the best interest of our program.

15. League Standings

League standings will be updated and available to you on the proceeding Friday after your recent game on-line. Seeding for the tournament is based on the total number of wins.

Tie breakers for seeding are as follows:

- Head to Head points
- Points scored against the team
- For 3 or more tied teams, the team with the highest total point differential between the tied teams (when they played each other) will take the higher position in the standings. In addition, any team that has forfeited any game against the teams(s) that they are tied with will automatically take the lowest position in the standings.

16. Protests

League game protests are discouraged and will not be accepted on judgement decisions. The site supervisor will settle protests. If protests cannot be settled at that time, complete the following process:

Protest must be written and submitted to the Tremonton City Recreation Coordinator by 3:00 pm the next business day. A \$25.00 hearing fee will be required and must accompany protest....refundable if honored.

17. Supervision

League Coordinator: Contact with any league questions or concerns. (435) 257-9487

Office hours: Monday thru Friday 8:00 am-5:00 pm

Site Supervisor: Responsible for your game operations. Contact your site supervisor with any game disputes, scores and game times.